## Supporting your child with handwriting difficulties at home

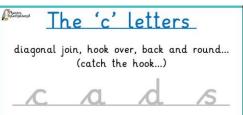
Have a look on the Hertfordshire Local Offer for lots of information and resources to download. <u>https://www.hertfordshire.gov.uk/microsites/local-offer/professionals/specific-learning-</u> <u>difficulties/handwriting.aspx#</u>

## Difficulties with letter formation and early skills

Have a look at our leaflet on fine motor skills - these help with the finger strength needed for handwriting <u>https://www.hertfordshire.gov.uk/microsites/local-offer/media-</u> <u>library/documents/resource-area-documents/spld-handwriting-fine-motor-skills.pdf</u>



Teach letters in groups to make it easier for your child to learn starting points <u>http://debbiehepplewhitehandwriting.com/source\_images/Demonstrating%20the%20letter%20group</u>s.pdf



Experiment with different size and types of pens and pencils to find one that is comfortable for your child and make sure they are holding it correctly <u>https://www.wikihow.life/Hold-a-Pencil</u>



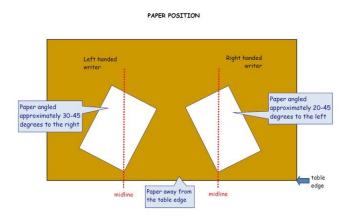
Hertfordshire ISL Specific Learning Difficulties Team

Try using sky/trees / earth paper <u>https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-and-writing-sky-tree-grid.pdf</u> This can help to show tall letters ( up into the sky) and long letters (down into the earth)

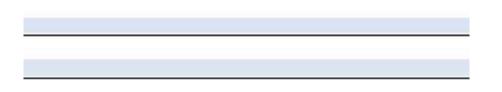
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## For difficulties with sizing and layout

Make sure the paper is set out to support your child - this can be especially important for left handed writers <u>https://www.hertfordshire.gov.uk/microsites/local-offer/media-</u>library/documents/resource-area-documents/spld-handwriting-paper-position-image.pdf



Try using shaded paper; this can help older learners to judge sizing of letters in their writing <a href="https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-shaded-blue-lines-paper-standard.pdf">https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-shaded-blue-lines-paper-standard.pdf</a>



## For older learners with persistent handwriting difficulties

Teach touch typing - this is a life skill and can make it quicker and easier to work, enabling learners to show what they know. Two free programmes to try:

https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr

www.typingclub.com