



Learning and Growing with God by our Side



St Alban & St Stephen Catholic Primary School & Nursery

Welcome to Year 3

SEPTEMBER 2026



Our School Prayer

Dear God,

Bless all the children and staff in our school.

Bless all our loving parents, our school community and parishioners.

Let us follow the shining examples of St Alban and St Stephen.

Help us to be the best that we can be and guide us as we stay connected to you and Jesus in all that we do.

As a school, we are learning and growing with God by our side.

Amen.

Our Mission Statement



Our Values

Faith

Friendship

Determination

Respect

Unity

Our Golden Rules



We are gentle.

We are kind.

We listen.

We are honest.

We work hard.

We look after property
and our environment.

Our Senior Leadership Team



Mrs S. Lavelle
Murphy
Executive
Headteacher



Ms T. Hackett
Head of School



Mrs C. Smith
Senior Assistant
Headteacher &
SENDCO



Mrs J. Bates
Assistant
Headteacher

Year 3 Staff



Mrs Rose
Rowan Class
teacher & Phase
Lead



Mrs Mannering
Rowan Class
teacher
(Tues am & Wed)



Mr Taylor
Chestnut Class
Teacher



Mrs Moss
Teaching Assistant
(Tues/Wed/Thurs)



Ms Avviniti
Teaching
Assistant
(Mon/Fri)

Other Key Staff Members

P.E (KS1 and 2) and Music (KS1 and 2) will be covered by specialist teachers.



Mr D. Byrne
Sports Coach



Mrs Z. Flatt
Music Specialist



Mrs Rees
Pastoral Mentor

Drop Off and Pick Up

The doors open at 8.45am and close at 8.55am. There is a soft start to the day and when the children arrive, they start their SODA (Start of Day Activity) before lessons begin. Children arriving after 8.55 will be marked late.

Please help your child settle by allowing them to come into the classroom independently.

School finishes at 3.05 (Reception) 3.15 (KS1) 3.20 (KS2)

Other adults who regularly pick up your child should be added to Arbor. For one-off occasions, please inform the teacher or email into the office with the adult's name, their role, and whether your child is expecting to be picked up by this person or not. Children in Nursery to Year 4 can only be picked up by an older sibling who is aged 14+ (Year 10+)- you must inform the Office of this in writing or by email.

Lunches

Parents need to choose their child's meal options in advance using the Stir Food App.

This ensures that parents help their child to choose a meal they know that they will like. It also ensures that your child will get the meal option that they want.

Alternatively, your child can bring in their own packed lunch. No glass bottles, fizzy drinks or any food containing nuts are allowed.

KS2 School Stationery

Children may bring one simple pencil case labelled with their name containing:

- A pencil and sharpener; 2 spare pencils
- A black handwriting pen (not black biro) and a purple pen
- A rubber
- Colouring pencils and felt tips
- A glue stick
- A ruler - 30cm

Please ask your child to tell you when they need replacements. Stationery can be provided in school if your child does not want to bring their own pencil case.

Uniform

Please ensure all items of clothing are
CLEARLY MARKED WITH YOUR CHILD'S NAME.

- Black school shoes must be worn – no trainers.
- Long hair must be tied up with simple black, green or red hair ties.
- Jewellery – children may only wear simple stud earrings and a silent watch or Fitbit (no smartwatches allowed). No necklaces, bracelets, charity bands etc are allowed.
- A warm, waterproof coat must be provided as children play outside.
- Red caps must be worn on sunny days and during trips.
- Summer uniform can be worn for the first Autumn half term.

PE Kit

Ensure all items of clothing are CLEARLY MARKED WITH YOUR CHILD'S NAME.

- Our PE days are Wednesday and Friday.
- Children should wear their P.E. kit to school on P.E. days.
- Plain white T shirt (with or without school logos but no other logos)
- Red shorts/ black leggings or tracksuit bottoms
- Red hoodie with NO DRAWSTRING (plain red or with school logo but no other logos) or school jumper/ cardigan
- Plain trainers with non-marking soles
- No jewellery should be worn.

Ask in the Office if you want to purchase cheap, pre-loved uniform- we have a wide selection.

Reading in Year 3

- Reading frequently is important so please aim to read daily at home – reading books and other reading material from a variety of genres (e.g. non-fiction, magazines, newspapers, recipes, poetry.)
- Develop Comprehension by questioning children (VIPERS – Vocabulary, Inference, Predict, Explain, Retrieval, Summarise)
- Guided reading sessions in school to teach skills of reading.
- Library books – please read and return for weekly library sessions

Maths in Year 3

- Place value, rounding numbers
- Written addition & subtraction.
- Multiplication & division – facts and formal written layout
- Fact families and applying the inverse.
- Multiplication – 3, 4 and 8 times tables
- Division – 1, 2, 3, 5, 4 and 8 times tables, long division
- Multiply & divide by 10
- Measures – measuring and problem solving
- Angles, right angles and estimation. Perpendicular and parallel lines, vertical and horizontal lines.
- Perimeter
- 3-D and 2-D Shape – drawing 2D shapes, building 3D shapes and identifying the properties of both
- Place value and decimal numbers - estimation, comparing and rounding, Regrouping, ten times greater and ten times smaller
- Fractions - ordering and comparing fractions, adding and subtracting Fractions and problem solving
- Time – analogue & digital clocks, telling the time
- Statistics – pictograms and bar charts, including interpreting bar charts and tables
- Roman numerals

Writing in Year 3

- Children use pencils
- Cursive (joined handwriting)
- Writing for a range of purposes e.g. non-chronological reports, narrative, explanations, persuasion, biography, letter writing
- Reading widely will benefit children in their writing ability

R.E.

Autumn Term

Creation and Covenant: Explores the story of God creating the world and establishing a loving, enduring relationship with humanity.

Prophecy and Promise: Focuses on how God spoke through prophets in the Old Testament to prepare His people for the coming of Jesus

Spring Term

Galilee to Jerusalem: Follows Jesus' life, teachings, and ministry as He traveled from His home region toward Jerusalem.

From Desert to Garden: Examines the journey of Holy Week and Easter, from Jesus' time in the wilderness to His resurrection.

Summer Term

To the Ends of the Earth: Covers the coming of the Holy Spirit at Pentecost and the spread of the early Christian Church.

Dialogue and Encounter: Focuses on how Catholics are called to engage respectfully with people of other faiths and beliefs in the wider world.



Other curriculum topics in Year 3

- Science: Rocks & soil, Forces & Friction, Light, Magnets, Plants, Animals including Humans
- History: The Stone Age, Ancient Egyptians, Victorians
- Geography: Volcanoes and Earthquakes, Mountains, Changing St Albans
- Computing: Computing Systems and Networks, Programming, Data Handling
- Art and design: Prehistoric art, Sculpture, Botanical Drawings
- Design and Technology: Egyptian Collars, Pneumatic Monsters, Seasonal Tarts
- PSHE: Created & Loved by God, Created to Love Others, Created to Live in Community
- PE: Invasion Games, Health, Dance, Gymnastics
- Music: Composition (The Stone Age), Ukuleles, Singing Playgrounds
- French: Phonics, Les animaux, Les instruments, Je peux

Home Learning

- Daily Reading
- Online maths and spellings practice
- Optional home learning tasks (creative and linked to school learning)
- Termly oracy task:
 - Autumn- Poem – poetry week starts 28th September so we will begin ‘Proud Poems’, the week beginning 5th October. Children will be expected to learn a poem to present to the class, which they have learnt by heart. More information to follow.
 - Spring & Summer- Speeches.
- Homework is set on Tuesday and must be completed/ returned by the following Monday

More information available on the Home Learning Policy

How you can help at home

- Reading and asking questions about books
- Real life Maths, e.g. telling the time and cooking
- Encourage children to complete homework and to present neatly
- Having named equipment in school
- Supporting rehearsal and preparation for in school oracy & Proud Presentations



Smartphone-Free School

A significant number of St Albans primary schools have agreed to support the 'Smartphone-Free Childhood initiative. <https://smartphonefreechildhood.co.uk/>
<https://delaysmartphones.org.uk/>

By “smartphones”, we refer to phones that are able to access the internet, as opposed to old-fashioned mobile phones that can only text and make phone calls.

After consulting with staff, parents and governors, we have agreed that at SSAS primary-aged pupils should not have smartphones.

Primary-aged pupils should not be on any social media including WhatsApp, Snapchat, Instagram or TikTok (all have a 13+ age-restriction).



What does this mean for you?

No SAS child will be able to bring a smartphone to school when they walk to and from school. Year 5 and 6 children who walk to and from school by themselves can, if parents wish, bring a tracker or an old-fashioned phone which does not connect to the internet eg a Nokia.

All phones must be handed into the class teacher at the start of the day and will be returned at the end of the day.

We ask parents not to buy their child a smartphone while in primary school. We ask that parents do not allow their child to access age-inappropriate social media and join WhatsApp groups.

Parents on school grounds are not allowed to use mobile phones unless outside the school gates. This is a safeguarding issue. It also sends a message to our children that they are more important than our phones and sets a positive example.

Year 5 and 6 parents will need to complete the walk home from school Google form.

Parent Helpers



The support of parents is of enormous benefit to the children and we warmly welcome it, especially on trips. **We have a trip on Wednesday 30th September to Celtic Harmony as part of our History topic on the Stone Age.**

We already have a team of fantastic parent volunteers who read with children and help in the library every week. If you are interested in becoming a regular volunteer, please notify the office and further information will follow.

(Please note that in line with Hertfordshire County Council, all parents working in school will be asked to apply for police clearance.)

Any Questions?

If you have any further questions, email the office: admin@ssas.herts.sch.uk

We will get back to you as soon as possible.

Lots of information can be found on the website on Learning/Year-group Information and in the parent and pupil handbook.

<https://www.ssas.herts.sch.uk/Parents/Letters-and-Forms/>

Watch out for the Friday Diary Dates sent out with information for the week ahead.

The news page on our website also has weekly blogs with school news.



Thank you for your support.

We hope that you found this information useful.
We are very much looking forward to getting to
know your families and children this year.