

Go for it

**An educational
adventure to
remember...**

**Location: Isle of Wight, Bembridge
Date: 11/10/2021 until 15/10/2021**



Staff for the Trip

Mrs Smith – Upper Key Stage 2 Lead and DSP

Mrs Murphy – Assistant Headteacher and SENDCO

Ms Noonan – Year 6 Class Teacher

Mrs Earl – Year 6 Teaching Assistant

Mrs Grisley – Teaching Assistant

Mrs Blakemore – Office Manager

Travel Details

Arrive at school by 8:15am for registration in the hall.

9:00am depart from school and arrive at Kingswood Centre, Isle of Wight by 2:30pm.

Any medication to be in a named clear Ziploc bag and given to Mrs Blakemore on arrival.

If your child suffers from travel sickness please let them have their medication before the journey and provide us with their tablets for the return journey.

Children are to bring a packed lunch and two drinks (in a carrier bag). One may be their water bottle and an additional drink (no fizzy drinks). Please remember **No nuts!** We will eat our lunch on the ferry.

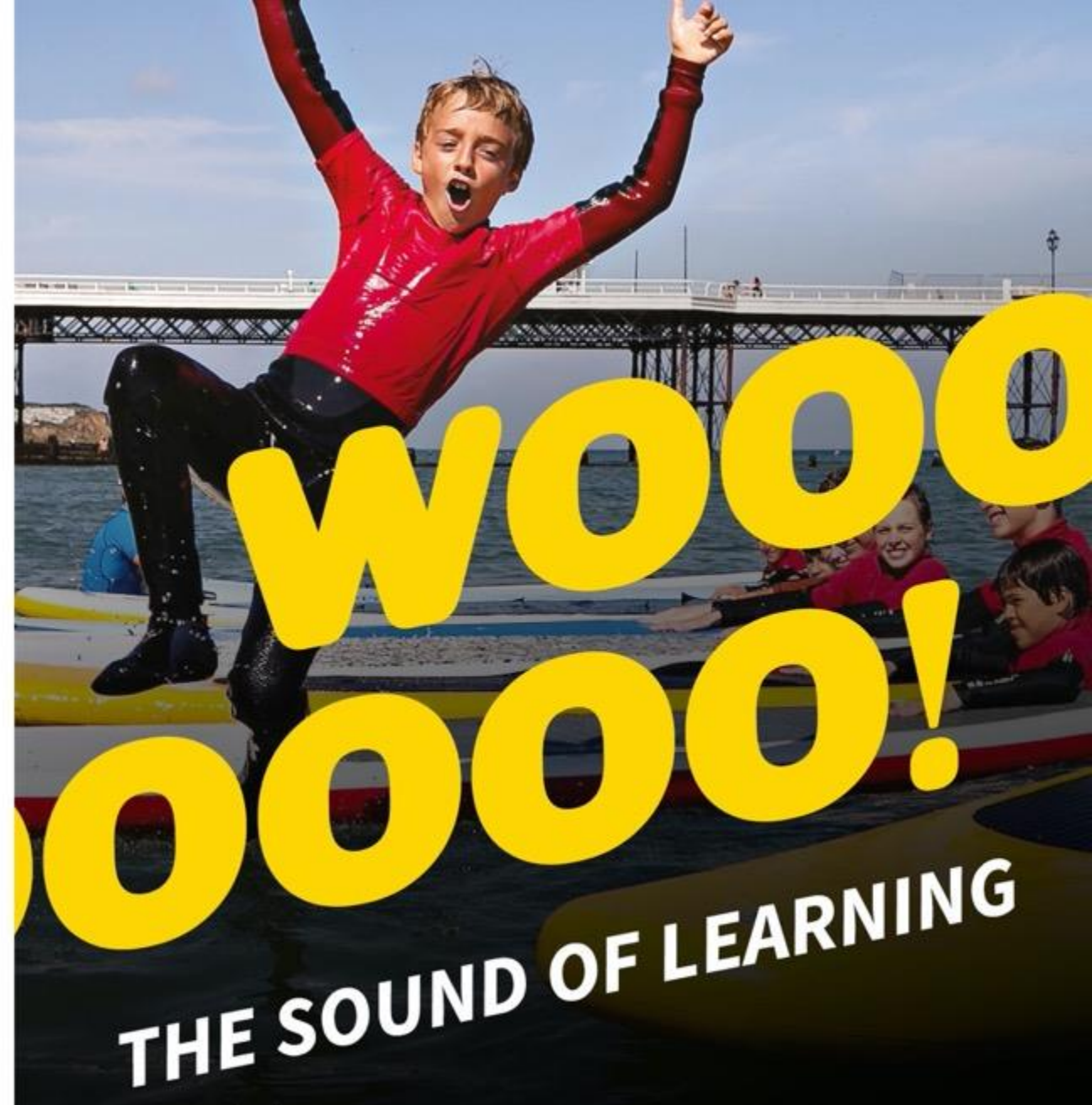
They may have a little backpack for the journey – they can pack a book, colouring book, wordsearch book, cards or small game to play on the journey. They may pack a roll of sweets for the journey.

Spending money – children are allowed a maximum amount of £10 per child for the trip. They will need to have two £5 notes in a named, sealed envelope on the morning of the trip. Please hand the envelopes to Mrs Grisley in the morning.

Return journey – we will leave the centre by 1pm and should be back in St Albans by 7pm.

What's coming up..

- Introduction to Kingswood
- Your centre
- Benefits of Outdoor learning
- Learning Outcomes
- Sleeping and eating
- Your centre team
- Safety and wellbeing



Introduction to Kingswood

A trip to Kingswood is a life-changing adventure. For over 35 years, our transformative school trips have encouraged primary school pupils to build confidence and resilience by taking on fun challenges.

Each year over 175,000 young people visit Kingswood to experience exciting activities, from archery to zipwire, and they go home with so much more. They leave with the feeling that they can achieve their goals, and it's wonderful to see the most uncertain pupils becoming the most enthusiastic.

We provide the perfect environment to develop positive mindsets, improve well-being and encourage self-belief, plus there is always lots of laughter.



Welcome to Isle of Wight

Old School Buildings, Hill Way Road, Bembridge,
Isle of Wight, PO35 5PH



Your centre

Our Isle of Wight centre covers 100 acres of beautiful fields and woodlands in a superb cliff top location, overlooking Whitecliff Bay, with direct beach access. At its heart, the Isle of Wight centre's five residential buildings – including an all-weather activity zone – border a tree-lined lane.

Surrounded by “Jurassic” coastline designated a Site of Special Scientific Interest, this is the most important area of Europe for dinosaur fossils, making the Isle of Wight perfect for Environmental Field Studies.

Challenging on-land activities including a high-adrenaline ropes park, 3G swing, archery and side-by-side driving in our new buggies, plus bushcraft and orienteering.



Highlights of Isle of Wight



3G SWING



ABSEILING



ARCHERY



BALANCE BEAM



BEACH SWIMMING



Highlights of Isle of Wight



BODY BOARDING



BUGGY BUILDING



CLIMBING



CONSTRUCT



FENCING



Highlights of Isle of Wight



JACOB'S LADDER



KAYAKING



LASER



RAFT BUILDING



STAND UP
PADDLEBOARDING



Benefits of Outdoor learning

Every child will benefit from a Kingswood adventure. Character development is at the core of each Kingswood programme with a focus on confidence, resilience and life skills, which are delivered through a carefully designed mix of challenge, play and reflection.

Our very own Head of Activities Steve Anderson says, “The activities on offer at our Kingswood centres help to build the confidence of children and give them a sense of pride in their abilities. It’s not every day that they get the chance to go canoeing, abseiling, and fencing, and it’s the shared sense of accomplishment that comes with these activities which is so invaluable to young people. Not only that but it also helps to develop and improve key skills such as teamwork, confidence, and resilience.”

By spending time outdoors with their peers and carrying out activities, children and young people can really discover their full potential and all the amazing things they are capable of. And with complete programmes designed to place children in these situations and support them throughout, a residential experience at Kingswood can be invaluable in building a child’s self-belief.

“ **It was an excellent experience for all our students and even one day later we were seeing the impact.** ”

*Primary School Teacher
(Peak Venture)*

Learning Outcomes

Our programmes are designed to specifically meet your needs and link back to the core curriculum as well as developing environmental awareness and improve both mental and physical wellbeing.



We use...



...to deliver...



**...and achieve
our learning outcomes.**

CONF!DENCE

 **LIFE SKILLS**

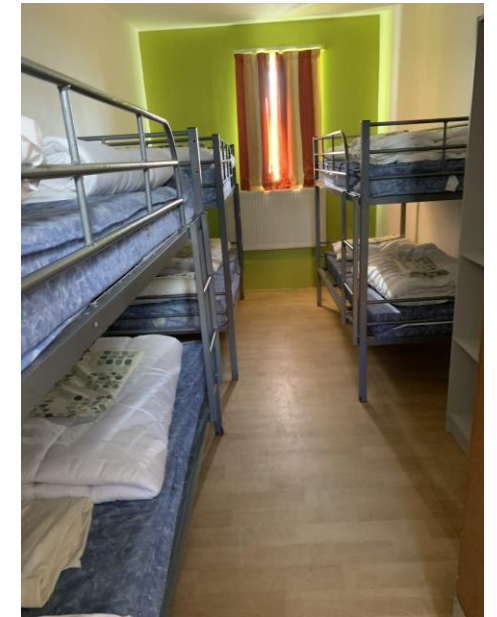
 **RESILIENCE**

A bit more about your centre...

Sleeping

The Isle of Wight has standard dormitory style accommodation. Rooms range from 6 to 8 bed dormitories, with gender-separated bathroom and shower facilities and party leader rooms close by. Sheets, duvets and pillows are provided for all guests.

Boys and girls will be on their own floor with teachers between the rooms.

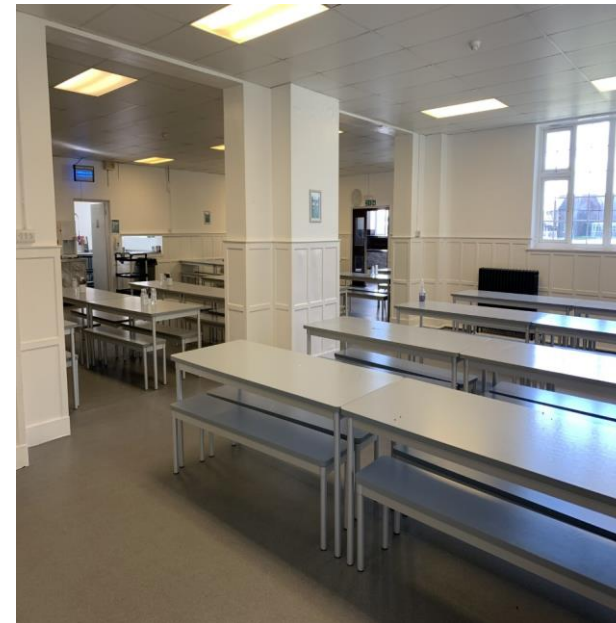


A bit more about your centre...

Eating

To fuel young guests during a long day of thrilling adventure activities, we serve three meals per day with lots of choice and seasonal variations.

Each day there is a carefully balanced and nutritional meal plan, recently updated to meet and exceed the latest Government standards on young people's health. We cater for most dietary requirements – just let us know.



Packing List

- One bath towel.
- Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc.
- Socks and underwear.
- Water Bottle.
- Night clothes (warm) including slippers.
- Four t-shirts, at least 2 with long sleeves (please note that most activities require long sleeves).
- Sweatshirts x 2 (not including school hoody).
- 3 pairs of trousers and/or jeans and/or tracksuit bottoms (shorts weather permitting).
- Waterproof jacket and trousers (if you have them.) Rain coat required.
- Two pairs of trainers (one old pair) and/or walking boots (if you have them). Wellingtons are **not** needed.
- Large plastic bag for dirty clothes.
- Hat and sun cream (if applicable).
- Outfit for disco.

Please do not bring: mobile phones (incl. smart watches), cameras, electronic games, iPods, expensive jewellery or much cherished possessions. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.

Your centre team

From your first enquiry to getting back to the classroom, we are with you all the way to help you get the most out of your trip.

Experience Experts

They know everything about our programmes and centres, and are your first point of call to tailor-make your perfect school trip.

Guest Services

Our guest services team is here to support you in organising your trip and can answer any questions you have prior to arrival, and before you meet your designated Course Director.

Activity Tutors

Our friendly activity leaders are always on hand to encourage your students. They inspire your students to take on challenges, and fill each day with lots of fun and laughter.

Course Directors

Your dedicated Course Director is your go-to person on any requirements you may have. They will be there when you arrive and throughout your stay, ensuring your trip is a fantastic learning experience that achieves your objectives.



Safety at Kingswood

Peace of mind

Safety comes first at Kingswood; we're founding members of the British Activity Providers Association (BAPA) and affiliated to a whole range of governing bodies. We employ safeguarding leaders and every team member undergoes enhanced DBS checks. There are secure boundaries around our centres and regular night patrols as standard. We're also designated COVID-safe by Kaddi.



Covid policy

The key steps we are taking to ensure everybody who visits are safe include:

- Respecting existing group bubbles
- All team members are tested for covid twice weekly
- Ensuring social distancing is adhered to, with reminders throughout our centres
- Deep cleaning cycles and sanitiser stations. All equipment will be regularly sanitised according to the government's regulations
- PPE will be worn by our team when carrying out safety checks. We will always respect your wishes if you would like to wear your own face covering

We are corporate supporter of YoungMinds

YoungMinds champion children and young people's mental health and well-being across the UK. It's their mission to improve the emotional resilience of all children, ensure that those who suffer get fast and effective support, and build a society where mental health has no attached stigma.

At Kingswood, we're in a fantastically privileged and unique position in that we work with over 165,000 young people each year, inspiring them to achieve things they never thought possible.

We're so passionate about what we do, and feel so strongly that the work YoungMinds does provides such a useful and essential service to the same young people we work with that we have become a corporate supporter.

- We make donations from programme sales.
- We host fundraising event's, special activity days and employee fundraising initiatives.
- We raise awareness of the work they do and the information, resources and support they provide.
- We volunteer our time to support their work.
- We organise YoungMinds training for our staff to further their understanding and awareness of the rolls and techniques available to help young people.

YOUNGmiMINDS

Here's a taster!



www.youtube.com/watch?v=GI7DP04afhw

Here's a taster!



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Thank you!

Any questions?

