

Learning and Growing with God by our Side



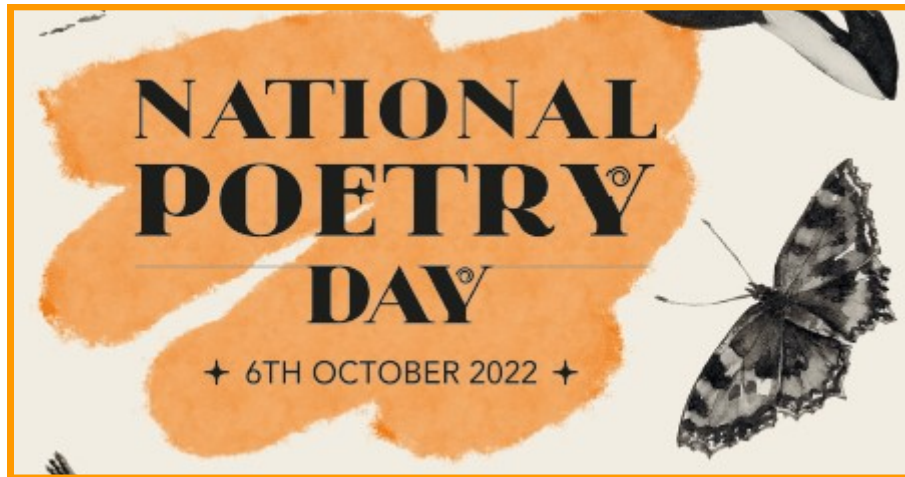
St Alban & St Stephen Catholic Primary School & Nursery

Weekly Newsletter



7th October 2022

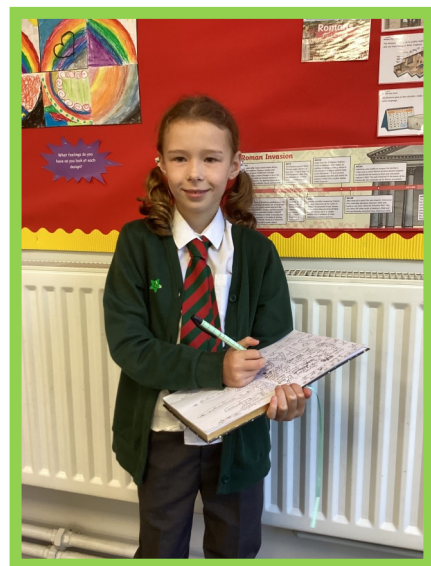
SSAS Poets



To celebrate National Poetry Day on Thursday, many of our classes have had a special focus on reading and writing poetry this week. Reception children worked with their Year 5 buddies to write nature poems, Year 3 wrote Stone Age acrostic poems, and some talented poets have even been writing their own poems at home!

Stars shining in the moonlit night,
Stars fill the sky as they shine bright,
Stars you can see them everywhere,
Stars they don't have a care,
Stars big, small, every size,
Stars they're in all our lives,
Stars that's what they are,
Stars that shine so light at night.

Written by Neve, Year 4



SSAS Poets

Year 5 and Reception pupils enjoyed writing Nature poems together.



Year 6 Trip to Kingswood

Setting Off

On Monday the 26th of September our year group took a trip to the Isle of Wight. We went for five days and came back on the following Friday. Soon after we arrived at school, we loaded our luggage onto the coach and set off. Our coach driver turned out to be not just a coach driver, but also a DJ and an entertainer!

Finally, we arrived at the ferry port and waited. (well, sort of waited. We were actually having a mini disco)! When we boarded the ferry, we sat and ate our lunch. The time flew by really fast and it felt like a two minute journey! Afterwards we had twenty more minutes partying, then at last we encountered our destination, Kingswood. With all of the activities and our rooms full of fun and friends, we knew that we would have a wonderful time!

Reported by: Emma and Eirin



Year 6 Trip to Kingswood

Exciting Activities

“For me, the Isle of Wight was a unique experience and a chance to take part in some fun activities such as:

The Quick Zip, The Leap Of Faith, Nightline, The Climbing wall, Fencing , Archery and Bodyboarding.

The Isle of Wight was also a great way to improve our cooperation and teamwork with one another. For example, when we did bushcraft, my group had built a big den which required a lot of teamwork. Then there was The Climbing Wall. There were red/blue rocks to hold onto depending on which side you were on and green ones which were checkpoints. I got to the top and when you were up there, it was really quite frightening (30ft high). The way down was really fun and it felt as if you were jumping on the moon. It was also fun cheering your friends on and at the end someone told us we encouraged them to get to the top.

By the end of the week, I felt like I had made new friends and I really got to know my peers.” *Henry*

“My favourite activity was The Leap of Faith. Basically, you were in a harness and you were clipped to a rope. You climbed up staples onto a platform and everybody shouted “3,2,1, Leap of Faith!” The goal was to hit the orange buoy . It was a great feeling hanging in a harness and knowing you were safe.” *Jan*



Year 6 Trip to Kingswood

Reflections on our Trip

On the third and final night, we had our disco. By the end, lots of people had lost their voices, but that didn't stop us from having a great time. It was a once-in-a-lifetime experience to be with your classmates having a party in The Isle of Wight.

To summarise our trip, it was probably one of the best places you can go and one of our best experiences ever. We all had an amazing time!

Reported by Henry and Jan



Spectacular Sporting Success

Each year, St Albans City FC work to develop a strong relationship between the club and local schools in St Albans. Last week, two of our children were selected as our Young Saints Ambassadors for the 2022/23 season. Saoirse and Laura were treated to a special training session delivered by some of the players and team coach, Chris Winton. They had a fantastic time. As part of their role they would like to encourage children from SSAS to become a Young Saint and support St Albans City FC.



Dear parents,

We are writing to you in our role as Young Saints Ambassadors for St Alban & St Stephen School to encourage all children in our school who enjoy football to sign up as a Young Saint. The Young Saints membership is free of charge and only takes a couple of minutes. Simply go to the St Albans City website <https://www.stalbanscityfc.com> and then go to the 'Tickets' tab, where you will find the place to sign up for Young Saints memberships.

If you like the idea of going to the occasional football match, the Young Saints membership will give a significant discount for any adult accompanying their child, or grandchild, to a St Albans City home match. There is no obligation to attend matches if you sign up, but there are obvious benefits if you would like to go.

Also, through signing up as a Young Saint, children will automatically be entered into draws over the course of the season and may win a signed shirt, a signed football, or even the opportunity to be a mascot for one of the St Albans City home matches.

Finally, the schools who sign up the greatest number of Young Saints will get the opportunity to play on the St Albans City pitch (Clarence Park) at the end of the season. We'd love the opportunity for our football team at St Alban & St Stephen School to play at Clarence Park. So please, if you like football, please sign up. As we said, becoming a Young Saints member is free of charge and only takes a few minutes to register.

Many thanks,

Saoirse & Laura (Young Saints Ambassadors)

StageArts Theatre School



ACT DANCE SING

ST. ALBANS & HEMEL HEMPSTEAD AGES 4 – 18

info@stagearts.co.uk / 07833 922251

Book a trial now for 50% discount off fees.

Enquire about Lamda classes too!





Food shop costing more each week? Energy bills going up? Worried about rising household costs?

As qualified nutritionists we are here to offer some tips and ideas to help support you in finding ways to make sustainable changes that are cheaper AND healthier.

This workshop covers:

- Challenges to feeding a family on a budget
- Lower cost healthy swaps
- How meal planning can help to keep costs down
- Shopping tips to stick to the list and the budget
- Do cooking methods make a difference?
- Helpful resources
- Q&A opportunity to share your ideas and tips!

TWO DATES TO CHOOSE FROM:

Tuesday 4th October 12:00 - 13:00

Wednesday 26th October 18:00 - 19:00

**SIGN UP FOR FREE
ON EVENTBRITE!**



@beezeefamilies



BeeZee Families



BeeZee
Families

Dates for your Diary

- Thursday 13th October 2.30pm KS1 Parents' Phonics Workshop, Lower Hall
- Friday 14th October 9.15 Year 3 Family Assembly, Upper Hall
Year 3 Parents and Carers are welcome to attend
- Saturday 15th October PTA Autumn Fair
- Wednesday 19th October St Teresa House Celebration. All children in St Teresa House (teachers will let children know) should wear at least one yellow item to school eg yellow hair ribbon, yellow scarf, yellow t-shirt or jumper.
- Thursday 20th October School Closes early for Parent Consultations
- Friday 21st October School closed for INSET day.
- 24th-29th October School closed for half term
- Wednesday 2nd November 9am EYFS/KS1 Parents' Maths Workshop, Lower Hall
- Thursday 3rd November 9am KS2 Parents' Maths Workshop, Lower Hall
- Wednesday 9th November Open Morning for Prospective Parents
- Friday 18th November 9.15 Year 6 Family Assembly, Upper Hall
Year 6 Parents and Carers are welcome to attend
- Friday 18th November Individual and Sibling Photographs
- Thursday 8th December 9.15 am Key Stage 1 Grandparents' Carol Concert, Lower Hall- Year 1 and 2 Grandparents and older relatives are welcome to attend.
- Friday 9th December 9.15 am Key Stage 1 Nativity assembly, Lower Hall- Year 1 and 2 parents are welcome to attend.
- Thursday 15th December 1.40 pm Key Stage 2 Carol Service at Ss Alban & Stephen Catholic Church- all parents are welcome to attend.
- Friday 16th December Time TBC EYFS Nativity play, Lower Hall- Nursery & Reception parents are welcome to attend.

Please remember that the school day begins at **8.55 am**. The children will be able to enter their classrooms between 8.45 and 8.55.
After this time, your child will be marked late.