

TALKING ADDITIONAL NEEDS



Wednesdays 9.30-11.30am Course: ID 620
31st January, 7th, 14th, 28th February & 6th, 13th March 2024

Otley Way Family Centre, Otley Way, Watford, WD19 7TB

A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict and improve emotional regulation**
- **Explore sensory needs.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential

Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk