

TALKING FAMILIES



Thursdays 8.00-9.30pm Online Course: ID 623
1st, 8th, 15th, 29th February & 7th, 14th March 2024
Thursdays 9.30-11.30am Course: ID 622
8th, 15th, 29th February & 7th, 14th 21st March 2024
Waterside Family Centre, Rowans, WGC. AL7 1NZ

**6, weekly sessions for
parents and carers of children
aged 0-12 sharing tips on:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

**Our online support sessions are
delivered weekly via Zoom.**

**Groups are open to parents, carers,
grandparents and guardians living,
or with a child in school, in
Hertfordshire.**

**'Every parent should do this course!
It has taught me so much about how to
deal with family life.'**

Booking essential
Please quote the course ID
**To check eligibility and book a place,
contact Supporting Links on:**

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk