




the
happy
human
Project


HAPPY AFTER SCHOOL CLUB

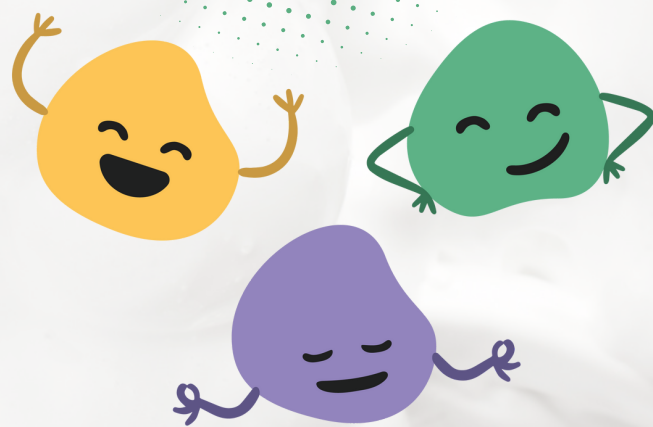
Weekly sessions teaching children about their emotions and how to take care of them. Join us on a weekly magical adventure jam-packed with games, mindfulness, breathing techniques, peer-massage and relaxation!

Thursdays 3.20–4.20pm
Spring term £64 per child

BOOK YOUR PLACE

 hello@happyhumanproject.co.uk

 www.happyhumanproject.co.uk



happy, calm
& confident
kids