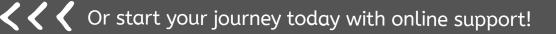


Sign up to B•YOU(th) - a free programme to help you achieve your health goals.

Our 10-week programme starts on:

- Date: 15th January 2024
- Time:Starts at 17:30 and finishes 18:30
- Venue: Cottonmill Community and Cycling Centre, St. Albans, AL1 2EF



Open to 13-17-year-olds only, check our website for details. For alternative formats, email marketing@maximusuk.co.uk quoting X22-2027

