

TALKING FAMILIES



Thursdays 9.45-11.15am Course: ID 622
**8th, 15th, 29th February & 7th, 14th
21st March 2024**

NOW ONLINE!

**6, weekly sessions for
parents and carers of children
aged 0-12 sharing tips on how
to:**

- **Manage challenging behaviour
with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and
difficult feelings in children**
- **Develop a strong parent/child
relationship now and for the
future**

**Groups are delivered by Zoom and
are open to parents, carers,
grandparents and guardians living,
or with a child in school, in
Hertfordshire.**

**'Every parent should do this course!
It has taught me so much about how to
deal with family life.'**

Booking essential
Please quote the course ID
**To check eligibility and book a place,
contact Supporting Links on:**

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk