



Co-parenting with Care programme for parents with children with SEN.

This 6-week online programme offers a structured approach to help you navigate your unique challenges, improve your relationship, and create a more supportive environment for your SEN child/ren .

The programme covers themes including:

- Understanding SEN and its impact on children and family dynamics
- Effective Communication Skills
- Managing Emotions & Stress
- Collaborative Problem Solving
- Building a Supportive Network
- Creating a Unified Parenting Approach



These 2 courses will be delivered via MS Teams, over 6 sessions on the following dates/times:

Date: Wednesday 4, 11, 18, 25 June & 2, 9 July 2025

Time: 9.30am to 11.30am

Date: Thursday 5, 12, 19, 26 June & 3, 10 July 2025

Time: 7.00pm to 9.00pm

For more information or to make a referral, scan the QR code, email services@familylives.org.uk or call 0204 522 8700 or 0204 522 8699

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