## TALKIN





## **NEW DATES ADDED**

Thursdays 9.45 - 11.15am Online Course: ID 757 5th, 12th, 19th, 26th June, 3rd & 10th July 2025

## 6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- **Manage challenging behaviour** with consistency
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and** difficult feelings in children
- **Develop a strong parent/child** relationship now and for the future

**Our online support sessions are** delivered weekly via Zoom.

**Groups are open to parents,** carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

**Booking essential** Please quote the course ID To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk These courses are provided free to ccan

www.supportinglinks.co.uk



participants by Hertfordshire County Council's Targeted Parenting Fund

