

SUITABLE FOR AGES 5-11

the
happy
human
project

EMOTIONAL WELLBEING

HOLIDAY CAMPS

FOR KIDS



BOOST CONFIDENCE • MAKE NEW FRIENDS •
BUILD EMOTIONAL RESILIENCE



**EARLY BIRD
DISCOUNT
AVAILABLE!**

Why **choose** our camp?

- Empowering activities to build self-esteem
- Skills for emotional resilience and self-regulation
- Creative arts and crafts
- Outdoor mindfulness adventures
- Safe and supportive environment



Camp School. St Albans



October half-term

Spaces are limited.

Bookings: happyhumanproject.co.uk